

# ABO - Magnesium gel

compensate the deficit of magnesium in the body

## Magnesium gel

**Magnesium gel is a form of transdermal magnesium, a new method of magnesium supplementation designed to deliver magnesium topically for rapid absorption into the cells.**

**Magnesium gel** purified and further concentrated form of magnesium chloride. It is suitable for topical and transdermal magnesium therapy, and to work with ultrasound and physiotherapy. Unlike magnesium oil, gel absorbs quickly and it is more practical to use.

**HOW TO USE:** Apply on the skin and blend. For maximum effect, we recommend you stand on the skin 15 to 17 minutes.



**Magnesium gel, a form of transdermal magnesium, is unique in that it is:**

- Easily assimilated by the body.
- Delivered through the skin and therefore directly available to muscular systems that require magnesium to function.
- Tolerated well, avoiding problems of irritation and loose stools by bypassing the digestive tract

Experts such as Dr. Carolyn Dean, M.D. and naturopathic doctor, hail topical magnesium as an "exciting addition to the magnesium family" due to its universal ease of use and the high bioavailability of its dominant mineral magnesium chloride. She writes: I realized that many people can't take oral magnesium because of the laxative effect. Therefore I began researching and then advising people to put supersaturated magnesium chloride on their skin to bypass the intestines, stimulate DHEA production that occurs in the skin, use in baths and foot baths for muscle aches, joint pain, and foot pain and neuropathy."

### WHAT EXPERTS SAY:

"Magnesium gel penetrates well, it does not form a crust on the surface of the skin. It is used in pain syndrome - in damage to the knee joint, periarthritis or damage to the shoulder joint, and in discopathy. Very often it is used by ultrafonoforeza - ultrasound or infrared light, creating a good contact and can be successfully applied in therapy. The product is very important when it comes to heart disease or muscle cramps and also in patients with presence of diabetes. Additional magnesium intake need and muscular fatigue and overcome-related stress, heavy physical labor or active sports. Definitely gives good period Result th and no side effects."

***Prof. Troycho Troev - Head of the Department of physiotherapy and rehabilitation at the Military Medical Academy - Sofia***

"Our experience in line with the studies made by the Karolinska University suggests that magnesium is effective especially when administered transdermally. In recent months we started more efficiently, but to recognize the real benefits of these forms of administration and I can say that they are definitely Aubenaz-dezhdavashiti. The use of magnesium gel or oil is taken quickly and act quickly on pain of a different nature and cramps. ABOPharma's gel is absorbed extremely well since its very texture allows to penetrate the skin without leaving a surplus and without stain."

***Prof. Dimitar Kamburov, University Hospital" St. Anna "- Varna***

"Magnesium oil and gel can replace in certain cases, treatment with tablets, especially in physiotherapy, where these products give excellent results. Magnesium products can successfully be accepted together, the effect of taking the Pill actually strengthened in some cases, when combined with magnesium intake through the skin."

***Assoc. Prof. Dr. Bozhidar Finkov, University Hospital" St. Anna "- Sofia city***

**ABOPHARMA**