

ABO - L-Carnitine

Weight reduction



Helps effectively reduce weight loss, give energy

30 capsules
500 mg



The main function of L-carnitine is to serve as a carrier of fatty acids through the cell membrane to reach the mitochondria, where they act as "fuel" for our body's energy. Transition occurs when the fatty molecule is linked to an L-carnitine molecule. The fat molecule is burned and waste products are produced. L-carnitine binds to them and passes them back through the cell wall of the cell. The action of L-carnitine, on the one hand, fills the fat in the cage and, on the other hand, takes unnecessary products.

L-carnitine is involved in branched-chain amino acid oxidation, prevents the formation of lactic acid in our muscles and blocks substances that break down the cell wall. L-Carnitine increases the supply of oxygen to the muscles and strengthens energy without degrading the valuable proteins.

- Supports effective weight loss, gives energy
- Helps to increase mental and physical fitness and promotes the approval of metabolism in the body
- It helps to improve the energy supply of the heart muscle
- It helps to improve the emotional state
- Helps purify the body from harmful ingredients and radicals accumulated as a result of metabolism.

Can be taken by diabetics and overweight.

Composition of 1 capsule: L-carnitine (L-carnitine tartrate) - 500 mg.

Recommended dosage: 2 capsules a day with plenty of fluids 30-60 minutes before training or at bedtime. Recommended in combination with diet and appropriate exercise regimen.

Do not exceed the recommended daily dose.